

The War of Your Mind

“For though we walk (live) in the flesh, we are not carrying on our warfare according to the flesh and using mere human weapons. For the weapons of our warfare are not physical [weapons of flesh and blood], but they are mighty before God for the overthrow and destruction of strongholds, inasmuch as we refute arguments and theories and reasoning and every proud and lofty thing that set itself up against the true knowledge of God; and we lead every thought and purpose away captive into the obedience of Christ (the Messiah, the Anointed One.) [Amplified] 2 Cor. 10:3-5

“For although we do live in the world, we do not wage war in a worldly way; because the weapons we use to wage war are not worldly. ON the contrary, they have God’s power for demolishing strongholds. We demolish arguments and every arrogance that raises itself up against the knowledge of God; we take every thought captive and make it obey the Messiah.” [Jewish Cont. Bible]

As Christians we must understand that we are in a war. The war that we are involved in is not a physical one but a spiritual one that takes place in the battlefield of our mind. Today I want to talk to you about the warfare that we are involved in as Christians and how we can be victorious in every battle we find ourselves fighting.

One of the first things that we should know as Christian in spiritual warfare is that we have an enemy. There can be no war without the resistance of an enemy. For the believer in Jesus Christ, your enemy is Satan. Satan or the devil does not care about you nor does He love you. Anything that he gives will only be for your detriment and destruction. In fact the Bible says this about Satan in John 10:10, “that he comes to steal, kill and destroy.” Understand that

- Satan wants you to live a defeated life
- He wants you deceived and confused
- He wants to keep you from the truth, particularly b/c he understands that it is the truth and nothing but the truth that will make you free.
 - Satan wants to keep you out of church so that he can keep you from hearing the truth and experiencing the presence of God.
- Satan is seeking to destroy your life by keeping you from experiencing the fullness and richness of God’s Word and His promises.

Satan’s attack starts in your mind

Satan’s primary attack is in the mind. The deceptiveness and craftiness of Satan will always take place in our thoughts.

- Few people realize that there is warfare taking place in their minds, hence they take little care in guarding their minds.

Everyday our minds are filled with television programs, radio shows, newspaper articles, & conversations of the world. Thousands of thoughts enter our mind everyday concerning the things of the world.

- Because this is true it becomes very important for us to watch what thoughts we allow to fill our mind to the point that we are meditating upon them for extended periods of time.

The Bible says that “*we do not war according to the flesh,*” in other words you’re not fighting a physical giant but you are actually warring against a very real but invisible giant named Satan.

The truth of the matter is that we cannot fight an invisible and spiritual enemy through our own natural strength. It’s impossible! That is why in verse 4 of 2 Corinthians, it says that the weapons of our warfare



are not natural but they are powerful and mighty in God for the pulling down of anything that Satan has put into our minds. Somebody say nothing (NOTHING), there is nothing that God can't reverse, defeat or heal.

Whenever Satan gets ready to do battle with you, he starts with your mind, the place of your thoughts. The warfare will always start in your mind and then spread to other areas of your life.

- This is why in 2 Cor. 10:5, we are instructed to cast down imaginations, evil thoughts and every high thing that exalts itself above the truth of God's Word concerning your life.
- Understand that wicked imaginations are from the devil. We are to pull down Satan's strongholds and cast down his thoughts, which produce evil and wicked dreams and imaginations.
- Do you know that your thoughts ⇒ your words ⇒ your actions ⇒ habits ⇒ character ⇒ destiny!
- Your future and destiny starts in your mind. If you fail to protect your thoughts then you fail to protect your future. Listen, your future will not be secure until your mind is first secure.

Have the mind of Christ

As Christians we should strive for the mind of Christ or the mentality of Jesus. In Phil. 2:5 we are instructed to let the same attitude that was in Christ Jesus abide in us.

King David knew the secret of guarding his mind. He said in

- Psalm 101:3 "I will set no wicked thing before mine eyes"
- Psalm 19:14 "Let the words of my mouth and the meditations (or thoughts) of my heart (mind) be acceptable in your sight, O Lord."
 - The meditation of our hearts or the thoughts of our minds should be acceptable to God.
- Proverbs 4:23 "Guard your heart (mind) for out of it flows the issues of life."
 - It is imperative that you protect your thoughts because the things that you will do or believe in will be a result of what you allow to fill your mind
- Proverbs 23:7 "As a man thinks in his heart so is he."
 - How you think will determine how you live
 - The devil understands this principle better than most Christians. This is why he works so hard to tell us lies and throw thoughts of doubt into our minds so that we will fail to be all who God has planned for us to be.
 - If the devil can get you to accept a lie or any of his other thoughts, he then has succeeded in making you unsure and unstable. The Bible declares that a double-minded man is unstable in all his ways. The devil is out to keep you double-minded with the hopes of making you confused, unstable and defeated.
- An example of this warfare at work in the life of a person is...

Our Permanent Solution

How do we overcome this?

- We pull down the strongholds that have been created within our minds by speaking the truth of God and taking authority over every lie that has been told to us.
 1. We should constantly fill our minds with the Word of God
 2. We must fill our mind with God thoughts so that there is no room for Satan's thoughts.
 3. We must fight off the lies of Satan with the Word of God.

Examples... the devil says, "if you get on this plane, it's going to fall and you will die." ---our response should be "devil, I have some thoughts for you. The Lord is going before me. The blood of Jesus is over me. The everlasting arms of God are under me. And His goodness and mercy are behind me, following me all the days of my life.

You have to pulled out the sword of the spirit called the Word of God and whipped the devil's butt with it



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When the devil says, “you are weak,” you say “I am strong in the Lord and in the power of his might.” (Eph. 6:10)

When the devil causes you to fear, you say “The Lord is my light and my salvation; whom shall I fear? The Lord is the strength of my life; of whom shall I be afraid? When the wicked, even mine enemies and my foes came upon me to eat up my flesh, they all stumbled and fell.” (Ps. 27:1,2)



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